

## 9<sup>th</sup> Grade Boys Track Series

Wed. 2/20/08: <u>JESUIT MEET</u>	@ Jesuit Track	(4:15 p.m.)
Wed. 2/27/08: <u>VINES MEET</u>	@ Plano Track	(4:15 p.m.)
Thur. 3/06/08: <u>CLARK/WILLIAMS MEET</u>	@ Murphy Stadium	(4:15 p.m.)
Wed. 3/12/08: <u>ALLEN MEET</u>	@ Allen Track	(4:15 p.m.)
Wed. 3/26/08: <u>CHAMPIONSHIP MEET</u> ( <u>JASPER/SHEPTON</u> )	@ Plano West Track	(4:15 p.m.)

Scratch Meeting @ 4:00 p.m. at the Track.

Running Events (3 entries per event)      Beginning @ 4:15 p.m. (as close as possible)

3200 M Run	400 M Run
110 M Hurdles	300 M Hurdles
100 M Run	4 x 200 M Run (No 200)
800 M Run	1600 M Run
4 x 100 M Relay	4 x 400 M Relay

Field Events (3 entries per event)

Beginning @ 4:15 p.m.

Beginning @ 4:45 p.m.

Shot Put (Best of 3 Throws)

Discus (Best of 3 Throws)

Long Jump (Best of 3 Jumps)

Triple Jump (Best of 3 Jumps)

High Jump (3 Attempts per Height – Opening @ 5'0")

POLE VAULT (Jesuit/Allen/Clark)No points!

### Other Meet Instructions:

1. Running events take priority. Athletes should check in & then complete field events between running events.
2. Please stay **off** the infield until your event is called.
3. Please park buses in the designated area. Depends on site.
4. Each school needs to provide one coach for timing running events or working field events.

Thanks & Good Luck,

Richard Grubbs ([Richard.Grubbs@pisd.edu](mailto:Richard.Grubbs@pisd.edu))

Plano West Track & Field

### 2008 - 9<sup>th</sup> Grade Coaches (w/E-mails)

Shepton – Bruce Strong ([Bruce.Strong@pisd.edu](mailto:Bruce.Strong@pisd.edu)) / Eric Neal ([Eric.Neal@pisd.edu](mailto:Eric.Neal@pisd.edu)) /

Derrick Richardson ([Derrick.Richardson@pisd.edu](mailto:Derrick.Richardson@pisd.edu))

Jasper– Mark Marshall ([Mark.Marshall@pisd.edu](mailto:Mark.Marshall@pisd.edu)) / Mike Wheeler ([Michael.Wheeler@pisd.edu](mailto:Michael.Wheeler@pisd.edu))

Plano – Tim Eshleman ([Tim.Eshleman@pisd.edu](mailto:Tim.Eshleman@pisd.edu))

Vines – Chad Green ([Chad.Green@pisd.edu](mailto:Chad.Green@pisd.edu)) / Kevin May ([Kevin.May@pisd.edu](mailto:Kevin.May@pisd.edu))

Plano East – Jim Towels ([John.Towels@pisd.edu](mailto:John.Towels@pisd.edu))

Clark – Chris Olson ([Chris.Olson@pisd.edu](mailto:Chris.Olson@pisd.edu)) / David Perkins ([David.Perkins@pisd.edu](mailto:David.Perkins@pisd.edu))

Williams – Brian Vincer ([Brian.Vincer@pisd.edu](mailto:Brian.Vincer@pisd.edu)) / Matt Smith ([Matthew.Smith@pisd.edu](mailto:Matthew.Smith@pisd.edu))

Allen – Dean Garza ([Dean\\_Garza@allenisd.org](mailto:Dean_Garza@allenisd.org))

Jesuit – Bob Molyet ([BMolyet@jesuitcp.org](mailto:BMolyet@jesuitcp.org))