

## **Junior Varsity Navy Practice/Games 2012**

**Subject to change due to weather/conflicts:** Can switch soccer to be in the in period and conditioning after school at Lowery.

**Check Hotline for any changes: 972-260-9301**

**Mon Jan 2:** 2:30-4:30pm optional

**Tues Jan 3 :** 9:30-10:25 conditioning 4-5:15pm soccer

**Wed Jan 4:** 9:30-10:20 soccer

**Thurs Jan 5** 9:30-10:25 conditioning 4-5:15pm soccer

**Fri Jan 6:** Pictures 9:30-10:25 **Scrim home v N Mesquite 5:30pm**

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**Mon Jan 9:** 9:30-10:25 conditioning 4-5:15pm soccer

**Tues Jan 10** 9:30-10:25 tactics 5:30pm **Home v Keller Central scrim track stadium**

**Wed Jan 11:** 9:30-10:25 conditioning

**Thurs Jan 12** 9:30-10:25 soccer

**Fri Jan 13:** 9:30-10:25 tactics **game v Wakeland Ford 2pm**

**Sat Jan 14:** games v **Hockaday 12pm at Curtis and Arl Martin 3:30pm at Ford**

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**Mon Jan 16: Staff Development Day** Practice/conditioning 2:30-4:30pm

**Tues Jan 17** 9:30-10:20 tactics **Game away Frisco Centennial 5pm**

**Wed Jan 18** 9:30-10:20 recovery stretch/tactics

**Thurs Jan 19** 9:30-10:20 tactics **Away v Wakeland Varsity 4pm at Lovejoy tourney**

**Fri Jan 20** 9:30-10:20 recovery stretch/tactics **Away v Lovejoy/Cedar Hill 12 or 2pm**

**Sat Jan 21** **Away at Lovejoy tournament finals tbd**

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**Mon Jan 23** 9:30-10:25 conditioning 4-5:15pm soccer

**Tues Jan 24** 9:30-10:20 tactics **Game Home v The Colony 5:30pm**

**Wed Jan 25** 9:30-10:20 recovery stretch/tactics

**Thurs Jan 26** 9:30-10:25 conditioning 4-5:15pm soccer

**Fri Jan 27** 9:30-10:20 tactics **Game Home v McKinney 5:30pm at track stadium**

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**Mon Jan 30** 9:30-10:25 conditioning 4-5:15pm soccer

**Tues Jan 31** 9:30-10:20 tactics **Game home v Lovejoy 5:30pm**

**Wed Feb 1<sup>st</sup>** 9:30-10:20 recovery stretch/tactics **National Signing Day Ceremony**

**Thurs Feb 2** 9:30-10:25 conditioning 4-5:15pm soccer

**Fri Feb 3** 9:30-10:20 tactics **Home v Plano 6pm District starts**

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**Mon Feb 6** 9:30-10:25 conditioning 4-5:15pm soccer

**Tues Feb 7** 9:30-10:20 tactics **Away to Lewisville 5:30pm**

**Wed Feb 8** 9:30-10:20 recovery stretch/tactics

**Thurs Feb 9** 9:30-10:25 conditioning 4-5:15pm soccer

**Fri Feb 10** 9:30-10:20 tactics **Home v Plano East 6pm**

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**Mon Feb 13** 9:30-10:25 conditioning 4-5:15pm soccer

**Tues Feb 14** 9:30-10:20 tactics **Away to Plano West 6pm**

**Wed Feb 15** 9:30-10:20 recovery stretch/tactics

**Thurs Feb 16** 9:30-10:25 conditioning 4-5:15pm soccer

**Fri Feb 17** 9:30-10:20 tactics **Home v Marcus 6pm**

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**Mon Feb 20<sup>th</sup>** Staff Development Practice 2:30-4:30pm

**Tues Feb 21** 9:30-10:20 tactics **Home to Hebron 6pm**

**Wed Feb 22** 9:30-10:20 recovery stretch/tactics

**Thurs Feb 23** 9:30-10:25 conditioning 4-5:15pm soccer

**Fri Feb 24** 9:30-10:20 tactics **Away v Flower Mound 6pm**

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**Mon Feb 27** 9:30-10:25 conditioning 4-5:15pm soccer

**Tues Feb 28** 9:30-10:20 tactics **Away to Plano 6pm**

**Wed Feb 29** 9:30-10:20 recovery stretch/tactics

**Thurs March 1<sup>st</sup>** 9:30-10:25 conditioning 4-5:15pm soccer

**Fri March 2<sup>nd</sup>** 9:30-10:20 tactics **Home v Lewisville 6pm**

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**Mon March 5<sup>th</sup>** 9:30-10:20 tactics **Away to Plano East 6pm**

**Tues March 6<sup>th</sup>** TAKS recovery stretch

**Wed March 7<sup>th</sup>** 9:30-10:25 conditioning 4-5:15pm soccer

**Thurs March 8<sup>th</sup>** tactics/soccer 9:30-10:25am

**Fri March 9<sup>th</sup>** 9:30-10:20 tactics **Home to Plano West 6pm**

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**Spring Break March 12-16**

**No JV practices. Off entire week**

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**Mon March 19** 9:30-10:25 conditioning 4-5:15pm soccer

**Tues March 20** 9;30-10:20 tactics **Away v Marcus 6pm**

**Wed March 21** 9;30-10:20 stretch/tactics

**Thurs March 22** 9:30-10:25 conditioning 4-5:15pm soccer

**Fri March 23** 9;30-10:20 tactics **Away to Hebron 6pm**

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**Mon March 26** 9:30-10:25 conditioning 4-5:15pm soccer

**Tues March 27** 9;30-10:20 tactics **Home v Flower Mound 6pm**

**Senior Appreciation Night : Stay for ceremony at 7;30pm**