

PHYSICAL EDUCATION

We welcome your student to Ford Middle School and our physical education class. We have an outstanding program and excellent facilities for our students.

Physical Education: This class is an overall view of a variety of different sports. There is a basic knowledge of the skills and rules taught.

Grades: Grades are based on his/her participation and dressing out. A minimum of two grades will be taken every week. All students are required to dress out every day.

Notes: Notes will be accepted for non-participation in cases of sickness or injury. Notes will only be accepted for three days; after that there must be a doctors note. Students will still be required to dress out. Written work may also be given to the student during class-time for meeting their grade for the day.

Dressing rooms: Students will be issued a lock and a locker. They are responsible for keeping all their valuables locked up during class time. Coaches will be monitoring the dressingrooms to make sure it is a clean and safe place for our students.

Discipline- 1st offense-talk with teacher ; 2nd offense-call parents ; 3rd offense-detention ; 4th offense- removal from class.

ACTIVITIES:

Volleyball
Basketball
Archery
Softball/baseball
Swimming
Flag football
Soccer
Bowling
Rollerblading
Tennis
Weightlifting
Fitness testing
Heart-rate monitors
Pickle Ball
Punt, Pass, Kick
Badminton

If you have any questions, please contact us at (972) 727-0590.

Physical Education: Coach Jeri Cutler ext.1601, James Waters ext.1600,
Chasta Waters ext.1605

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Conference Times: Coach Cutler- 7th
Coach James Waters- 2nd
Coach Chasta Waters-4th

