

ERECKSON LADY HUSKY ATHLETIC COMMITMENT CONTRACT 2021-2022

Dear Parents/Guardians and Athletes,

We are giving you this information to help you better understand the expectations for athletes in the Lady Husky Athletic Program. This commitment letter is to clarify the expectations of the athlete and the Thomas Ereckson Lady Huskies Athletic Program of Allen ISD. This letter will help the family and athlete understand what is expected of them and what consequences exist if those expectations are not met. It is a privilege to participate in athletics and when behaviors and expectations are not met then a loss of privileges and or discipline will result.

As members of the program, each athlete will be expected to adhere to the following guidelines:

- ✓ **Submit a Completed Physical-** Allen ISD Packet online through **RankOne** by the first day of school
 - If physical & RankOne are not complete by the first week of school, you may be removed from athletics

- ✓ **No Pass, No Play**
 - We will follow UIL guidelines on the No Pass, No Play
 - It is the athlete's responsibility to attend tutorials if they are having difficulty in class or are in danger of failing.
 - Tutorials and re-tests will need to be scheduled outside of practice and the athletic period. (7th in PM, 8th in AM)

- ✓ **Appropriate Dress**
 - Dress out EVERY DAY, even if sick/injured, in grey Ereckson shirt and long, navy Ereckson shorts.
 - Issued equipment should be returned in good condition or athlete will pay an appropriate fine to replace it.
 - You have an option to purchase clothes at \$10 per item. **Monday is extra purchase day.**
 - Hair should be pulled back out of your face.
 - No jewelry, hard plastic, or metal of any kind are allowed during athletics or games. Fitbits may be allowed during off-season & track but not during volleyball or basketball.
 - In all practices/events, you will be asked to remove jewelry in order to participate.

- ✓ **Absence from Athletics/Practice**
 - Notify a coaches **via e-mail** prior to an athletes' absence.
 - Athletes will do "make-up work" for missed practices, not as a punishment, but to make up what they missed.

- ✓ **Any concerns or problems the athlete may have should be addressed in the following order:**
 1. Athlete to coach
 2. Athlete and Parent/Guardian to Coach
 3. Athlete and Parent/Guardian to Coach and Girls Athletic Coordinator

- ✓ **Parent/Doctor's/Trainer Notes**
 - **Parent notes** restricting athletes' activities should be limited and are only good for a maximum of **three days**. After three days, a note from a doctor or trainer will be required indicating the injury and anticipated down time. If after three days we do not have a doctor's note, the athlete will be expected to practice. If an athlete sees **a doctor /trainer**, they must bring a note stating the specific injury & restricted time frame upon return. **Athletes are still required to dress out even if they have a parent/doctor's note, and will be expected to participate in activities that do not affect the injury.**
 - If an athlete has restrictions from participation in athletics, it is expected that the same restrictions apply to club/select sports.

- ✓ **Athletic Enrollment**
 - If an athlete does not make any athletic team in the 7th grade, they will need the Coordinator's approval for 8th grade enrollment.
 - If an athlete does not make the volleyball or basketball team and is not interested in track, they will not be enrolled in second semester athletics.
 - If an athlete withdraws from athletics at semester and does not go through offseason, she will have to get signed off and approved by the Middle School Coordinator of Athletics to enroll back into future athletics.

✓ **Locker Room**

- Athletes are responsible for their belongings and for keeping the locker room clean.
- Each athlete will have their own locker. You cannot share lockers. **LOCK YOUR LOCKERS.**
- Aerosol and glass containers are prohibited.
- The Lady Husky coaching staff will not be responsible for lost or stolen items.
- 8th graders may drop off items in the locker room in the mornings before school starts.
- 7th graders may pick up items in the locker room in the afternoons after school.

✓ **Team Travel & Game Procedures**

- Athletes are expected to travel to and from games on the bus for volleyball, basketball, track and cross country.
- Athletes are required to sit together and support their teammates while other teams are playing.
- If your child is leaving with their guardian from the game, an AISD travel release form must be filled out.
- Unless an emergency arises, all questions and comments from parents to coaches should be held until a conference can be set up.

✓ **Discipline/Attitude/Behavior Problems in Athletics, the Classroom/ School Functions, and/or Violation to Items Listed Above in this Contract Could Result in One or More of the Following:**

- An OTI (Opportunity to Improve) will be issued (i.e.: running, towel pushes, push-ups, burpees, squats, etc.)
- A verbal or written apology may be given to teacher/administrator/student/coach.
- If problems from the athlete persist, they could be removed from athletics with a schedule change.
- OTI's can be administered to an athlete if they do anything that is considered unbecoming of a Lady Husky Athlete, or detrimental to the team or the Lady Husky Athletic Program.
- If an athlete is assigned ISS during their season, they will be suspended from the next occurring game.
- If an athlete is assigned ISS three times during the year, they will be removed from athletics.
- Excessive school lunch detentions, ISS or other detention will result in and OTI or loss of privileges.
- Athletes are expected to set an example with sportsmanship when participating and cheering.
- Poor sportsmanship towards coaches, teammates, and spectators, opposing team/coaches or game officials will not be tolerated.
- Athletes assigned to ISS (In School Suspension) will lose all extracurricular privileges for each day of ISS.
- Hazing/Fighting/Bullying or any physical harm or property damage of another student may result in removal from the athletic program.
- Inappropriate social media behavior or digital communication will earn OTI or loss of athletic privileges.
- **Early is on time. On time is late. Late is unacceptable.** Be on time to both academic and athletic events.
- Commit to staying drug, tobacco and alcohol free. Inappropriate language is not allowed.

After reading this form I am committed to the Ereckson Lady Huskies Athletic Program and my teammates. I am committed to helping my teammates be the best athlete and person they can be. I am committed to always displaying good sportsmanship, win or lose, in or out of competition, and in the classroom.