



SHAC Minutes- MeetingSummary

November 9, 2021

Administration Building

Room 103-105, 6:30PM

Members Present: Jason Baughman, Vicky Bayer, Patty Chavez, Bob Cubbage, Divs Divyapradha, Elle Holland, Geoban Johnson, Cheryl Loving, Sarah Mitchell, Amrita Osaham, Kirsten Reitzammer, Jenell Rud, Johnna Walker

Call to Order @ 6:32 pm: Announcement by Johnna Walker that a quorum is present, that the meeting has been duly called, and that notice of the meeting has been duly posted for the time and manner as required by law.

SHAC Chair, Johnna Walker, welcomed all present to the meeting and introduced new members to the group. Johnna Walker thanked SHAC members for agreeing to participate in the Allen ISD SHAC.

Johnna Walker defined meeting guidelines and norms.

- Follow the agenda
- Be respectful and honor everyone's ideas
- Be open minded and solution driven
- Keep discussion positive and share the talk time

An overview of the SHAC was presented by Johnna Walker.

1. Texas law requires school districts to assemble a School Health Advisory Council (SHAC).
 - a. The majority of SHAC members are parents. Other members may include individuals from the community and school district experts
 - b. Members are appointed by the Allen ISD Board of Trustees
 - c. The SHAC presents health recommendations to the Allen ISD Board of Trustees at the end of each school year
2. The Job of SHAC is:
 - a. To ensure that the school district's health program reflects local values.
3. The Vision of SHAC is:
 - a. Allen ISD students will reach their full personal, health, and academic potential.
4. The Mission of SHAC is:
 - a. To build a healthy school community through a whole school, whole community, whole child model that ensures all children will graduate with the knowledge and skills to maintain a healthy lifestyle.
5. The Purpose of SHAC is:
 - a. To support healthy and safe schools, strengthen academic success, champion the practice of Coordinated School Health and to recommend important local issues to the Allen ISD Board of trustees.
6. SHAC supports eight components:
 - a. Health Education and Services
 - b. Physical Education and Physical Activity
 - c. Nutrition Environment and Services
 - d. Counseling, Psychological, and Social Services

- e. Social and Emotional Health
- f. Physical Environment
- g. Employee Wellness
- h. Family and Community Engagement

Johnna Walker distributed SHAC by-laws. Members reviewed. A motion was made by Bob Cabbage to amend the by-laws, Article 2; Section 1 to include 8 members instead of 5 members. The motion was seconded by Patty Chavez. Discussion took place. The motion was passed unanimously.

Johnna Walker outlined next steps:

- 4 scheduled meetings per year: November 9, 2021, January 11, 2022, February 22, 2022, April 5, 2022
- January meeting: review options for new Health TEKS
- February meeting: review and discuss curriculum options
- April meeting: select options and present to the Board of Trustees
- The option is available for more meetings as needed

The next Board of Trustees meeting is December 14, 2021. It is expected that the Board of Trustees will adopt a resolution so that SHAC can begin their research and discussions on the new Health TEKS.

Motion was made to adjourn the meeting by: Jason Baughman @ 7:18 pm

Seconded by: Elle Holland.

Meeting was adjourned at: 7:18 pm

Next Meeting is scheduled for: January 11, 2022, 6:30PM at Admin Building, Room 103-105

Respectfully submitted: Vicky Bayer