<table>
<thead>
<tr>
<th>Number</th>
<th>Scenario</th>
<th>Reaction</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Emergency, Tragedy, Danger</td>
<td>Crying uncontrollably, Very Upset, Scared</td>
</tr>
<tr>
<td>4</td>
<td>People talking about you, someone hits you</td>
<td>Crying, Very Sad, Mad, Frustrated</td>
</tr>
<tr>
<td>3</td>
<td>Having to work with someone you don't like, receiving consequences for unexpected behavior</td>
<td>Nervous, Sad, Irritated, Disappointed</td>
</tr>
<tr>
<td>2</td>
<td>Not being first in line, having to wait or take turns</td>
<td>Uncomfortable, Disappointed</td>
</tr>
<tr>
<td>1</td>
<td>No Real Problem</td>
<td>Happy, Calm, Relaxed</td>
</tr>
</tbody>
</table>

The size of my REACTION should match the size of the PROBLEM! *Don’t overreact 😊*