



AHS Gym Training Room Treatment Sign-up

1. Scan the QR Code with your phone's camera
 2. Select a treatment time from the available slots
 3. When the "Book an appointment" window opens, provide a brief description of why you are coming in. (i.e. – Shoulder rehab, I rolled my ankle in the match last night, Want my back looked at, etc...)
 4. Click Save
 5. If there is not an appointment available when you can come in, talk to your coach.
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