

Sarah Mitchell

Elected to the Board in 2018, Sarah Mitchell graduated from Auburn University with a BS in Nutrition and Food Science in 1998 and is a Registered Dietitian. She works at Allen Anesthesia Associates doing credentialing and marketing for the practice, as well as other nutrition consulting.

Mrs. Mitchell and her husband, Brent, the Allen High School Swim Coach since 1999, have lived in Allen for 20 years and both of their daughters have attended Allen schools since Kindergarten. As they have grown up, Mitchell volunteered in multiple city and school district capacities. Jordan will graduate Class of 2021 and Reese will graduate Class of 2025. Mrs. Mitchell is a graduate of Class XXI of Leadership Allen-Fairview and the Inaugural Leadership Allen ISD Academy. In addition, she was a long-time board member for the Foundation For Allen Schools.