

2014-2015 Educational Grant Application

Submission Date	2014-02-26 18:09:29
Name of Grant	HALE AND HEARTY GRANT
Primary Contact	Sandy Nickal
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Additional Teachers/Staff who are applying for or will be working with this grant:	LFC Health Department: Jon Cockroft Kirk Trent Kevin Albury Dean Garza
Campus	Lowery Freshman Center
Curriculum Area	Physical Education
Grade Level(s)	9-12
Students Impacted	700
Approver Name	Jill Stafford
Approver E-mail	jill_stafford@allenisd.org
Project Purpose	<p>Our Health classes cover a variety of subject areas. These topics include: communication, nutrition, fitness, drugs, alcohol, tobacco, and life skills. With these items students will be involved in activities that will help them communicate more effectively, understand and visually see personal nutritional and exercising needs, have hands on experiences with fine & gross motor skills tasks while having visual distortion, loss of balance, and lack of control. They will also see and hear about the effects of tobacco and drug use. Through this class students will be able to have a personal experience and come away with first-hand knowledge on these important health issues.</p>
Project Description	<p>All Health classes at Lowery Freshman Center and Allen High School will be able to engage in the use of the equipment/activities being purchased. The target population is all students in 9th -12th grade in Allen Schools. The numbers are between 500-700 students per school year. The equipment and classroom lessons will be used by each of the health classes on a rotation. Students will benefit from the products being purchased in several different ways. For example, right now we are in the process of combining teacher resources and the SRO's (School Resource Officer)resources to implement a drunken driving course and using the Fatal Vision Googles that will be purchased, and the use of the SRO's golf cart and driving course to help kids understand the dangers of drinking and driving</p>

and texting and driving. The students will also be put through an activities/obstacle course using the Fatal Vision Goggles which will help students understand first-hand the dangers of drug and alcohol impairment. With the communications and dealing with stress activities we want to purchase, the students will learn how to work together while enhancing their communication skills, while in a stressful environment. This will also help students recognize and properly cope with stress. The Fisherman's Tangle is a small-group cooperative activity that includes problem solving, creative movement, and strategic planning. Every time the tangle is created, it becomes a unique problem to solve. No two tangles are the same and no two solutions are the same. This allows students to communicate and use their unique strengths in solving the problem. It also breaks barriers between social groups and allows everyone to be involved in the activity. All of the group communication/ cooperative learning activities can also be used with the Fatal Vision Goggles, these activities will demonstrate how balance, stability, and a sense of direction are effected by drug and alcohol impairment.

Allen ISD Goals/TEKS

-TEKS 1: The student analyzes health information and applies strategies for enhancing and maintaining personal health throughout the life span. 1B, 1C, 1H, 1I

-TEKS 6: The students assess the relationship between body structure and function and personal health throughout the life span. 6A, 6B, 6C

-TEKS 7: The students analyze the relationship between unsafe behavior and person health and develop strategies to promote resiliency throughout the life span. 7A, 7B, 7C, 7D, 7G, 7H

Measurements

Communication between health teachers and other professionals will help determine if the products are effective. Also the feedback from the students along with evidence of their learning will be evaluated by verbal communication, class participation, and written understanding of the material. The effectiveness of the activities and lessons that will be purchased have been recognized by other teachers and the products have been highly reviewed. At the end of the year we will spend time as a team reflecting and improving the effectiveness of the activities and will take into account the learning that took place along with the feedback provided by students and staff.

Teaching Methods

- Small group activities
- Large group activities
- Action oriented activities
- Lecture
- Hands-on learning environment

Timeline for Project

Prior to the funds becoming available we will begin work on designing and planning lessons around the items this grant will allow us to purchase. Because health is a semester course we will be able to use the items throughout the entire

	school year.
Curriculum/System Support	This course has provided and will continue to provide a very unique opportunity for all students. The students that are enrolled in Health class will gain a great deal of knowledge and can experience personal growth through their involvement in the hands-on learning activities that will be created by the items the grant will allow us to purchase. The activities support the characteristics of the graduate profile that include effective problem solvers, responsible and engaged citizens, academically prepared for future pursuits, and effective communicators. This class contributes to the students' success in each of these areas.
Additional Comments	<p>This course can have a tremendous impact on the students and their lives. The topics we cover are real life issues that they may be faced with. We want them to be successful and have the tools to be successful.</p> <p>If the entire grant can't be funded please consider funding the grant without the guest speaker component.</p>
Instructional Supplies or Resources	Nasco's Mac-T Bucket ball transfer, Nasco's Food Intake Weekly Recorder tear pad, Escapades game cards, Marble maze challenge, Smoking and Alcohol Prevention Kit, Flaghouse Initiative Set, Nasco's SEALS Self Esteem Skills, Nasco's Fatal Vision Goggles
Supplies Budget	3205.55
Technology	Teachers Pay Teachers: Nutrition Unit: 3-Week of daily Plans, 190 Slide Pwrpt
Technology Budget	26
Staff Training / Staff Development	NA
Training Budget	0
Transportation/Field Trip	NA
Transportation Budget	0
Other	Rick Bender - Guest Speaker
Other Budget	2100
Total Budget	5331.55
Additional Funds	NA