

## General Information

Grant Number	92
Project Title	Rountree Running Club
Please select the <b>MAIN</b> curriculum area your grant addresses.	Physical Education
Does your grant have a technology component? (Will you have technology equipment, software, etc. in your budget?)	<input checked="" type="radio"/> No <input type="radio"/> Yes
<b>Primary Contact Information</b>	
First Name	Nikki
Email	nichole_duncan@allensd.org
Last Name	Duncan
Phone Number	214-418-6532
Campus	Rountree Elementary
Main Subject	Other
Grade(s)	<input type="text" value="1"/>
I have co-applicants.	<input type="checkbox"/>

## Describe details of the project

Grant Number	92
<b>Campus/Student Information</b>	
Your campus:	Rountree Elementary
Will other campus' be involved/impacted by this grant?	<input checked="" type="radio"/> No <input type="radio"/> Yes
Your grade(s):	1
Will other grades be involved/impacted?	<input type="radio"/> No <input checked="" type="radio"/> Yes
Please select all grades that will be involved/impacted by the grant.	<input type="checkbox"/> K <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6

## Project Purpose

What is the problem, need, or opportunity that this grant will address? Explain **what students will know and be able to do** as a result of this project and/or how a problem will be addresses and/or how a situation improved because of the grant. (500 words or less.)

Childhood obesity is becoming an epidemic in today's society. 16% of all children age 9 and over are overweight or obese. This number has tripled since 1980. An additional 15% are considered at-risk for becoming overweight. Adolescents with no health insurance or with public insurance such as Medicaid are more likely than those covered by other insurances to be overweight. (American Journal of Public Health, 93, 2105-2110.) Many of our students go home and spend hours or even days simply sitting in front of a television or video game. This grant would fund a walking/running club that would eventually serve as training for the Rudolf Run and the Allen Eagle Run. Our grant would help all students learn the positive benefits of exercise as well as improving their self-images.

**Project Description**

How will the project or program be implemented? Describe activities and tasks.  
Who is the target population and in what ways will they benefit? (500 words or less.)

Rountree Runners would be open to all Rountree students K-6. (Initial funding would cover all expenses for 125 students.) We would meet 1 day weekly after school to walk or run as a group. The club would utilize various methods of motivating our athletes such as tracking miles on a map, competing for distance walked or ran, and training for various Allen walking/running events. The students would benefit physically, mentally, and emotionally, and ideally form habits that will help them to become active teenagers and adults.

**Allen ISD Goals/ TEKS**

Which Allen ISD goals/TEKS does this project support? Provide only two or three examples.

The National Educational Standards for Health PK ◆?" 12 from the American Cancer Society state the following objectives which would be met by this grant:

6.2.1 Identify a short-term personal health goal and take action toward achieving that goal  
7.2.1 Demonstrate health practices and behavior to maintain or improve personal health  
8.2.2 Encourage peers to make positive health choices

P.E. K-6 3.b describe and select physical activities that provide opportunities for enjoyment and challenge;

P.E. K-6 3.c participate in moderate to vigorous physical activities on a daily basis that cause increased heart rate, breathing rate, and perspiration

**Measurement**

What specific measurements will be used to evaluate the effectiveness of the project? (500 words or less)

The effectiveness of this project would be determined by the number of students who participate in it and finish the program coming weekly to the club, and how many participate in the Allen Eagle Run.

**Teaching Methods**

What teaching methods will be used to implement this project? (500 words or less.)

The teacher sponsors will be modeling good running/walking behaviors. We will continue the use of our R-time program to teach the students to follow instructions, show good manners, and care for everyone and everything while running together. We will be building community with our student runners. We will be teaching them to encourage each other, and how to have healthy and fun competition with one another.

**Timeline**

What is the project timeline and the date of implementation?

The club will commence in October 2015 through March 2016.  
The runners will be encouraged to participate in the Allen Eagle Run.

**Curriculum/System Support**

Explain how this idea or project enhances/supports Allen ISD curriculum or existing systems.

Rountree Runners gives our students alternatives to just going home to sit in front of the television or a video game. Hopefully this will eventually evolve into a comprehensive after-school program that will give our students opportunities to sample different extracurricular activities that they may not otherwise be able to experience (ie: martial arts, dance, music.) The program gives the kids a goal to reach for. It has helped many kids come out of their shell and be leaders in the classroom as well as the running field. Many of these kids are not aware of how talented they are and when they begin running and they are good at it their self esteem grows and transfers to the classroom.

**Budget details**

Budget Details \*\* All awarded funds will be available by September of the next school year.

Budget Item	Item Type	Unit Cost	Quantity	Total Cost
1st, 2nd, 3rd place Medals	Other Expenses	2.75	21	57.75
Toe Token and chains	Other Expenses			120.0
T-shirts for top 3 over all	Other Expenses	16.0	3	48.0
Completion awards for all students	Other Expenses	1.0	150	150.0

BUDGET TOTAL 375.75

Are there any additional funds available for this grant? Campus or District Funds? PTA funds? Let us know if you have or will be seeking funds from other sources to help with this project.

Additional funds?  No  
 Yes

### Signature page and principal contact

Principal Approval Required		
Please provide the Name and Email of your Principal		
First Name	Last Name	Email Address(Completed)
Melissa	Pursifull	melissa_pursifull@allenisd.org
Applicant Signature		
<p>By entering my name below I signify that I understand that if I move within the District and have written the grant myself, I may take the grant with me to my school (as long as it is appropriate for my classes). If I have written the grant as part of a team, I will leave the grant behind with the team. If I leave AISD, I will leave the grant with the school for which I wrote the grant. As a condition of this grant, I will complete an evaluation form provided by the Foundation.</p>		
Signature	Nikki Duncan	
Date	03/26/2015	

### Principal's approval form

<p>I certify that this would be a good use of funds for our school and this grant supports the district goals and/or our campus improvement plans. **Do NOT include any identifiers, such as: campus name, your name, teachers name or mascot **</p>
No actions possible.
Comments
<p>Absolutely support!!!!</p>

### History and final disposition of application

State Change History	
State Change	***** 03/26/2015 19:32:30 Submitted
State Change	***** 03/27/2015 08:42:20 Accepted
Grant Status	
Grant Awarded	<input checked="" type="radio"/> Yes <input type="radio"/> No
Award Amount	330