

General Information

Grant Number	322
Project Title	◆?◆ Shut Up and Dance with Me ◆?◆
Please select the MAIN curriculum area your grant addresses.	Physical Education
Does your grant have a technology component? (Will you have technology equipment, software, etc. in your budget?)	<input checked="" type="radio"/> No <input type="radio"/> Yes
Primary Contact Information	
First Name	Leslie
Email	leslie_wilbanks@allenisd.org
Last Name	Wilbanks
Phone Number	972-727-0340
Campus	Curtis Middle School
Main Subject	Other
Grade(s)	7
I have co-applicants.	<input type="checkbox"/>

Describe details of the project

Grant Number	322
Campus/Student Information	
Your campus:	Curtis Middle School
Will other campus' be involved/impacted by this grant?	<input checked="" type="radio"/> No <input type="radio"/> Yes
Your grade(s):	7
Will other grades be involved/impacted?	<input type="radio"/> No <input checked="" type="radio"/> Yes
Please select all grades that will be involved/impacted by the grant.	8
Project Purpose	
What is the problem, need, or opportunity that this grant will address? Explain what students will know and be able to do as a result of this project and/or how a problem will be addresses and/or how a situation improved because of the grant. (500 words or less.)	
Our current problem in PE at Curtis is that our sound system is outdated and not as functional as we would like. Adding a quality sound system for our PE classes will allow us to use music to improve cardiovascular functioning by incorporating the dynamics of rhythm and dance.	
Project Description	
How will the project or program be implemented? Describe activities and tasks. Who is the target population and in what ways will they benefit? (500 words or less.)	
Our PE program currently facilitates approximately 600 students a year. We use music as a motivational incentive for cardio training days. We would like to be able to have music playing during our interval running days and during our timed running days. We also need the sound system to be able to better incorporate the state mandated fitness gram testing. Lastly, we would be able to add dance and aerobic units with this equipment to provide more opportunities for participation and improved health benefits for our students.	

Allen ISD Goals/ TEKS

Which Allen ISD goals/TEKS does this project support? Provide only two or three examples.

TEK 7.1.D - States that the student is expected to perform different types of dances - (folk, country, square, line, creative, and/or aerobic dances) - The students will use skills like line dancing intermittently throughout their lives (cotton-eyed joe, cupid shuffle, zumba classes, etc) - This is also a part of students recognizing favorite lifelong activities (TEK 7.3.B).

Measurement

What specific measurements will be used to evaluate the effectiveness of the project? (500 words or less)

We will be able to evaluate the effectiveness by observing that all students are able to hear well enough to participate. We will also evaluate effectiveness by analysis of student participation.

Teaching Methods

What teaching methods will be used to implement this project? (500 words or less.)

Teaching methods would include: direct teach, guided practice, independent practice, student participation. A sound system would be in use many days throughout the year: when students are engaged in a dance/aerobics unit and on cardio vascular training days (2 times per week). Also, this would be in use when we do fitness gram training or actual fitness gram testing. PE teachers could also use the microphone system for giving instructions to the whole group to make sure everyone can hear the instruction clearly.

Timeline

What is the project timeline and the date of implementation?

This system would be in use throughout the year, during dance/aerobic units and cardio training days. We would put it to use as soon as we received the system. The PE department would be glad to match your donation to fund this system by using money raised from the 2015 Rudolph Run.

Curriculum/System Support

Explain how this idea or project enhances/supports Allen ISD curriculum or existing systems.

The use of music enhances fluid movements, dance, and rhythm and it also helps encourage and motivate individuals while exercising. When observing people exercising in a "gym setting", a majority of individuals are listening to music via headphones. Most exercise facilities have music playing in the background; this music helps people to workout. It would help our students get a better workout, too, which is an overall goal of student health. We want to maximize the time our students have in PE to be active as much of the period as possible. A 30-40 minute per day workout benefits not only physical health and wellness, but can improve students' academic performance as well.

Budget details

Budget Details ** All awarded funds will be available by September of the next school year.

Budget Item	Item Type	Unit Cost	Quantity	Total Cost
Samsung 2200 W Stereo System - Best Buy	Instructional Supplies or Resources	699.99	1	350.0

BUDGET TOTAL 350

Are there any additional funds available for this grant? Campus or District Funds? PTA funds? Let us know if you have or will be seeking funds from other sources to help with this project.

Additional funds? No
 Yes

Please Explain

We can use PE funds from Rudolph Run to pay for half of this grant.

Signature page and principal contact

Principal Approval Required		
Please provide the Name and Email of your Principal		
First Name	Last Name	Email Address(Completed)
Sonya	Pitcock	sonya_pitcock@allenisd.org
Applicant Signature		
By entering my name below I signify that I understand that if I move within the District and have written the grant myself, I may take the grant with me to my school (as long as it is appropriate for my classes). If I have written the grant as part of a team, I will leave the grant behind with the team. If I leave AISD, I will leave the grant with the school for which I wrote the grant. As a condition of this grant, I will complete an evaluation form provided by the Foundation.		
Signature		Leslie Wilbanks
Date		02/20/2016

Principal's approval form

I certify that this would be a good use of funds for our school and this grant supports the district goals and/or our campus improvement plans. **Do NOT include any identifiers, such as: campus name, your name, teachers name or mascot **
No actions possible.
Comments
This will be a good use of funds for our school.

History and final disposition of application

State Change History	
State Change	***** 02/26/2016 10:28:34 Submitted
State Change	***** 02/29/2016 14:55:23 Accepted
Grant Status	
Grant Awarded	<input type="radio"/> Yes <input type="radio"/> No
Award Amount	350