

## General Information

Grant Number	556
Project Title	Rountree Wellness Wise Team
Please select the <b>MAIN</b> curriculum area your grant addresses.	Counseling
Does your grant have a technology component? (Will you have technology equipment, software, etc. in your budget?)	<input checked="" type="radio"/> No <input type="radio"/> Yes
<b>Primary Contact Information</b>	
First Name	Lara
Email	lara_climer@allenisd.org
Last Name	Climer
Phone Number	972-727-0550
Campus	Rountree Elementary
Main Subject	Other
Grade(s)	<input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6
I have co-applicants.	<input type="checkbox"/>
<b>Social Media</b>	
Please provide your work-related social media contact information.	
Facebook	Rountree Nurse
Twitter	@RountreeNurse
Other (please specify)	pinterest.com/rountreenurse

## Describe details of the project

Grant Number	556
<b>Campus/Student Information</b>	
Your campus:	Rountree Elementary
Will other campus' be involved/impacted by this grant?	<input checked="" type="radio"/> No <input type="radio"/> Yes
Your grade(s):	3,4,5,6
Will other grades be involved/impacted?	<input type="radio"/> No <input checked="" type="radio"/> Yes
Please select all grades that will be involved/impacted by the grant.	<input type="checkbox"/> K <input type="checkbox"/> Pre-K <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6

## Project Purpose

What is the problem, need, or opportunity that this grant will address? Explain **what students will know and be able to do** as a result of this project and/or how a problem will be addresses and/or how a situation improved because of the grant.

(500 words or less.)

As one of Allen's Title I campuses, Rountree works hard each day at helping our students develop skills important to overcoming health disparities often experienced by socioeconomically disadvantaged populations. Research has demonstrated that health problems pose a barrier to learning achievement, and students in low-income homes are more likely to experience health problems. Rountree has experienced positive feedback from staff, students and community members following the past year's pilot of this project.

The project is aimed at engaging students in our upper elementary grade levels as wellness leaders among their peers and providing them opportunities to inspire healthy lifestyle choices and health literacy within their own community. Not only does this allow students the opportunity to affect positive change in their community's health status, it also allows growth and development of leadership skills. Another opportunity these students experience is learning about careers in the health field and what preparation and education is required for those positions.

Since no available district or campus level funding exists for the project and our disadvantaged students are not able to contribute financially, funding from the Foundation will allow students to be visible wellness leaders on campus with team t-shirts. It will also allow students to learn from engaging field experience and permit them creative means to share their health and wellness learning with our campus and community. A Winter Celebration will allow meaningful, real-life experience of healthy choices and an End of Year Celebration will allow students opportunity for self-reflection and guidance for the upcoming year's project.

### Project Description

How will the project or program be implemented? Describe activities and tasks.  
Who is the target population and in what ways will they benefit? (500 words or less.)

Students in grades 3-6 will be invited to apply for the project. Eight applicants will be selected to participate with preference given to one male and one female representative from each grade level. Students will meet after school for 45 minutes, once each week. Activities will be guided by seasonal health trends, national health observances, district and campus health events and availability of guest speakers.

Students will create advocacy and educational bulletin boards, participate in Wellness Wednesdays on campus-wide video announcements, learn from guest speakers, assist PTA with wellness events (Walk/Bike to School Day etc.), develop innovative ways to support health and wellness at our school and in our community, participate in community service projects, and contribute input to campus and district wellness committees.

### Project Summary

Provide a brief summary for use on the Foundation's website and social media. (2-3 brief sentences)

The Rountree Wellness Wise Team strives to support a school environment that enhances learning and development of lifelong wellness practices. Our purpose is to help students learn health and wellness practices, advocate for health and wellness in our school and community, explore health and wellness careers and prepare students for future leadership positions.

### Allen ISD Goals/ TEKS

Which Allen ISD goals/TEKS does this project support? Provide only two or three examples.

This project supports the Allen ISD Wellness Policy which states, "the District is committed to providing an environment that enhances learning, the development of life-long wellness practices, and wellness initiatives for students and employees." This project offers an innovative approach to addressing the unique health and wellness needs among our Title I student population.

Additionally, the project supports Allen ISD's belief statements:

We believe the development of citizenship in all students is essential to a complete education.

We are responsible for building upon the sense of community we have inherited.

We believe the development of leadership throughout the organization is critical to our success.

### Measurement

What specific measurements will be used to evaluate the effectiveness of the project? (500 words or less)

The following questions will be used to evaluate the project goals:

Did students create at least one advocacy/educational bulletin board?

Did students participate in at least one Wellness Wednesday on announcements?

Did at least one guest speaker visit students regarding a health related career?

Did students assist PTA with at least wellness event?  
Did students participate in at least one community service project?

#### Teaching Methods

What teaching methods will be used to implement this project? (500 words or less.)

A combination of teaching methods will be used to implement this project. Content will be delivered through lecture, audiovisual aides, print materials, question and answer sessions, and field experiences facilitated by the school nurse and guest speakers. Students will have the opportunity to apply their learning and share with their peers and community through facilitated creation of artistic displays, utilization of technology to create videos, creation written works, and role modelling of health and wellness promotion and maintenance behaviors.

#### Timeline

What is the project timeline and the date of implementation?

Members will be selected during September, 2017. Meetings and activities will occur through May, 2018.

#### Curriculum/System Support

Explain how this idea or project enhances/supports Allen ISD curriculum or existing systems.

This project is an after-school club that builds upon and enhances existing health and wellness instruction and promotion delivered by the school nurse. It also reinforces and brings to life wellness content delivered through the existing PE curriculum. Additionally, it contributes to the college and career information delivered by the school counselor.

### Budget details

Budget Details \*\* All awarded funds will be available by September of the next school year.

Budget Item	Item Type	Unit Cost	Quantity	Total Cost
Field Experience	Transportation	30.0	3	90.0
Winter Celebration	Instructional Supplies or Resources	50.0	1	50.0
T-shirts	Other Expenses	20.0	9	180.0
End of Year Celebration	Other Expenses	50.0	1	50.0
Meeting Supplies	Instructional Supplies or Resources	250.0	1	250.0
Health Promotion & Community Service Supplies (bulletin boards, collection boxes, etc.)	Instructional Supplies or Resources	200.0	1	200.0

BUDGET TOTAL 820

Are there any additional funds available for this grant? Campus or District Funds? PTA funds? Let us know if you have or will be seeking funds from other sources to help with this project.

Additional funds?  No  
 Yes

### Signature page and principal contact

Principal Approval Required

**Please provide the Name and Email of your PRINCIPAL. (Not your name)**

First Name	Last Name	Email Address(Completed)
Melissa	Pursifull	melissa_pursifull@allenisd.org

Applicant Signature

By entering my name below I signify that I understand that if I move within the District and have written the grant myself, I may take the grant with me to my school (as long as it is appropriate for my classes). If I have written the grant as part of a team, I

will leave the grant behind with the team. If I leave AISD, I will leave the grant with the school for which I wrote the grant. As a condition of this grant, I will complete an evaluation form provided by the Foundation.

Signature Lara Climer, BSN, RN

Date 03/12/2017

### Principal's approval form

I certify that this would be a good use of funds for our school and this grant supports the district goals and/or our campus improvement plans. \*\*Do NOT include any identifiers, such as: campus name, your name, teachers name or mascot \*\*

No actions possible.

Comments

I approve that this would be a good use of funds to support our campus!

### History and final disposition of application

#### State Change History

State Change \*\*\*\*\*  
03/12/2017 19:44:22  
Submitted

State Change \*\*\*\*\*  
03/13/2017 13:07:48  
Accepted

#### Grant Status

Grant Awarded  Yes  
 No

Award Amount 820