General Information

Grant Number	685
Project Title	Marathon Mania!
Please select the **MAIN** curriculum area your grant addresses.	Physical Education
Does your grant have a technology component? (Will you have technology equipment, software, etc. in your budget?)	⦿ No ◯ Yes

Primary Contact Information

First Name	Stacy
Email	stacy.palmertree@allenisd.org
Last Name	Palmertree
Phone Number	214-495-5705
Campus	Bolin Elementary
Main Subject	Athletics
Grade(s)	K 1 2 3 4 5 6
I have co-applicants.	☐

Social Media

Please provide your work-related social media contact information.	
Facebook	PE at Bolin Elementary
Twitter	@BlazerPalm
Other (please specify)	

Describe details of the project

Grant Number	685

Campus/Student Information

Your campus:	Bolin Elementary
Will other campus' be involved/impacted by this grant?	⦿ No ◯ Yes
Your grade(s):	K,1,2,3,4,5,6
Will other grades be involved/impacted?	⦿ No ◯ Yes

Project Purpose

What is the problem, need or opportunity that this grant will address? Describe the impact of this project on your students. (500 words or less.)

Marathon Mania will help motivate my students that are members of our Bolin Jogging Club and implement an easier way to track our miles. My students love having goals to meet and seeing how many laps they get each day and miles for the week. My younger students take a longer time to get their long term goals while my older students can breeze past their short term goals and hit their long term goals quickly. With Marathon Mania, I would be able to celebrate all my students' milestones. I would also be able to easily and quickly track my students laps around our two tracks and tell them how many miles they have gotten with just a click of a button. With less wait time in the gym after school before we head outside for a run, my students would also be

able to have the opportunity to get more laps each day.

I would use a program called EZScan to track the students laps and miles each day. This is an app that allows us to scan a barcode each time a student passes the teacher and volunteers. When synced on WIFI, it will automatically tally the overall miles for each student. THis app will allow the students to see their mileage before they leave Jogging Club at the end of their session. Students can also see how weather, temperature, fatigue, and eating habits can affect their runs.

Using Toe Tokens and Marathon Kids, I will be able to motivate the students, help them set goals, and reward them when they meet their goals. The students love being celebrated before we head outside to run and usually try to run more laps when they have just received a mileage award.

Project Description

How will the project or program be implemented? Describe activities and tasks.
Who is the target population and in what ways will they benefit? (500 words or less.)

My Jogging Club meets Monday through Thursday each week from the beginning of October to the end of April. I have about 90 students that range from Kindergarten to 6th grade. With so many students in my jogging club, I use parent volunteers to help me throughout the year. We would use the EZScan to quickly log laps each day with the K-6 students. This would help out on days that we don't have volunteers and I am running the club solo. This will also allow more run time and cut down on lines that might build up when coming around to mark a hand or index card.

Each week I hand out our mileage awards. The students are able to see their accomplishments from last week and see if they have hit any of their larger goals for the entire season. With the ease of the EZScan program, it will be easier to track my students' progress and hand out their charms and their Marathon Kids awards.

Project Summary

Provide a brief summary for use on the Foundation's website and social media. (2-3 brief sentences)

Marathon Mania helps to provide a quick and easy way to track Bolin Jogging Club laps. It also provides our Jogging Club with incentives and awards when we meet our smaller mileage goals and our Marathons throughout the year.

Allen ISD Goals/ TEKS

Which Allen ISD goals/TEKS does this project support? Provide only two or three examples.

Physical Education TEKS B-Kindergarten
(3) Physical activity and health. The student exhibits a health enhancing, physically-active lifestyle that improves health and provides opportunities for enjoyment and challenge. The student is expected to:
(A) describe and select physical activities that provide opportunities for enjoyment and challenge;
(E) describe the benefits from involvement in daily physical activity such as feel better and sleep better.
Physical Education TEKS B-Second Grade
(3) Physical activity and health. The student exhibits a health enhancing, physically-active lifestyle that improves health and provides opportunities for enjoyment and challenge. The student is expected to:
(A) describe and select physical activities that provide opportunities for enjoyment and challenge;
(B) participate in moderate to vigorous physical activities on a daily basis that cause increased heart rate, breathing rate, and perspiration;
(C) participate in appropriate exercises for flexibility in shoulders, legs, and trunk; and
(D) lift and support his/her weight in selected activities that develop muscular strength and endurance of the arms, shoulders, abdomen, back, and legs such as hanging, hopping, and jumping.

Measurement

What specific measurements will be used to evaluate the effectiveness of the project? (500 words or less)

Success of this project would be seen in how many students meet their 1st, 2nd, 3rd, and 4th marathons. Progress will also be tracked through participation in Rudolph Run, Allen Eagle Run, and Bolin Color Run and seeing how their times and distances have improved from practice each week.

Teaching Methods

What teaching methods will be used to implement this project? (500 words or less.)

The teacher and volunteers will model good running/walking behaviors. We will show students that setting personal goals, both short and long term goals, are important. We will help students be successful with the goals they set by encouraging them to come each week and sharing our personal running stories to keep them motivated.

Timeline

What is the project timeline and the date of implementation?
We will start meeting on the first Monday of October 2018. We will run weekly through the end of April 2019. Students will be encouraged to run in the Rudolph Run, Eagle Run, and Bolin Color Run.

Curriculum/System Support
Explain how this idea or project enhances/supports Allen ISD curriculum or existing systems.
The students will learn how to set goals and learn how to support one another to achieve their goals. This past year I have seen my older students take on leadership skills and help mentor the younger students. Marathon Mania will really support our community and family feel that we strive to have at Bolin. The students love sharing their pride once they receive a mileage award. With the EZ Scan system, we will be more efficient and won't have as much down time so students can continue to be active as well.

Budget details

Budget Details ** All awarded funds will be available by September of the next school year.				
Budget Item	Item Type	Unit Cost	Quantity	Total Cost
Marathon Kids subsscription	Instructional Supplies or Resources	15.0	90	1370.0
shipping for Marathon Kids	Other Expenses	20.0	1	20.0
EZScan program	Instructional Supplies or Resources	149.0	1	149.0
Runner Token	Instructional Supplies or Resources	12.49	1	12.49
5k Token	Instructional Supplies or Resources	20.49	1	20.49
Toe Token	Instructional Supplies or Resources	6.95	2	13.9
Ten Toes Token	Instructional Supplies or Resources	20.4	1	20.4
Half Marathon Token	Instructional Supplies or Resources	20.49	1	20.49
Marathon Token	Instructional Supplies or Resources	20.49	1	20.49
50 Miles Token	Instructional Supplies or Resources	5.79	2	11.58
75 Miles Token	Instructional Supplies or Resources	5.79	2	11.58
100 Miles Token	Instructional Supplies or Resources	5.79	1	5.79

BUDGET TOTAL	1,676.21

Are there any additional funds available for this grant? Campus or District Funds? PTA funds? Let us know if you have or will be seeking funds from other sources to help with this project.	
Additional funds?	● No ○ Yes

Signature page and principal contact

Principal Approval Required
Please provide the Name and Email of your PRINCIPAL. (Not your name)

First Name	Last Name	Email Address (Completed)
Reena	Varughese	reena.varughese@allenisd.org

Applicant Signature
By entering my name below I signify that I understand that if I move within the District and have written the grant myself, I may take the grant with me to my school (as long as it is appropriate for my classes). If I have written the grant as part of a team, I will leave the grant behind with the team. If I leave AISD, I will leave the grant with the school for which I wrote the grant. As a condition of this grant, I will complete an evaluation form provided by the Foundation.

Signature	Stacy Palmertree
Date	01/09/2018

Principal's approval form

I certify that this would be a good use of funds for our school and this grant supports the district goals and/or our campus improvement plans. **Do NOT include any identifiers, such as: campus name, your name, teachers name or mascot **

No actions possible.

Comments
Approved

History and final disposition of application

State Change History	
State Change	****** 01/09/2018 12:28:14 Submitted
State Change	****** 01/23/2018 17:40:50 Accepted
Grant Status	
Grant Awarded	○ **Yes** ○ **No**
Award Amount	750