

Grant Number 1269

Project Title Growing Anderson All-Stars

Please select the **MAIN** curriculum area your grant addresses. Science

Does your grant have a technology component? (Will you have technology equipment, software, etc. in your budget?)

No
 Yes

Primary Contact Information

First Name Rebecca

Email rebecca.beaneperdue@allenisd.org

Confirm Email rebecca.beaneperdue@allenisd.org

Last Name Beane Perdue

Phone Number 469-910-9660

Campus Anderson Elementary

Main Subject Science - Elementary

Grade(s) Please select all applicable.

I have co-applicants.

Social Media

Please provide your work-related social media contact information.

Facebook

Twitter @SproutingStars

Other (please specify)

Grant Number 1269

Campus/Student Information

Your campus: Anderson Elementary

Will other campus' be involved/impacted by this grant?

No
 Yes

Your grade(s):

Will other grades be involved/impacted?

No
 Yes

Project Purpose

What is the problem, need or opportunity that this grant will address? Describe the impact of this project on your students. (500 words or less.)

Nutrition education is an essential part of raising healthy children. How many times has a child been told, "Eat your vegetables, because I said so?" This grant will allow hands on activity based educational opportunities for students to learn the reason, why. The knowledge of how different food enables your body to function well will have a life-long impact on the students. So, why not have fun while learning?

Project Description

How will the project or program be implemented? Describe activities and tasks.
Who is the target population and in what ways will they benefit? (500 words or less.)

The target population of this project will be kindergarten through second grade. These students will enjoy interactive games and will have more eagerness with trying a larger variety of food products and learning about them. Through interactive learning, students will start healthy eating habits and consequently be healthier adults. According to the USDA, Release No. FNS-0013.13, a "study found that children participating in certain nutrition education programs increased their daily fruit and vegetable consumption at home by a quarter- to a third-cup, and were more likely to choose low-fat or fat-free milk."

Project Summary

Provide a brief summary for use on the Foundation's website and social media. (2-3 brief sentences)

Anderson All-Stars will be educated through interactive programs to build life-long healthy eating habits.

Allen ISD Goals/ TEKS

Which Allen ISD goals/TEKS does this project support? Provide only two or three examples.

3.4C Identify foods that increase or reduce bodily functions.
3.L028 Identify foods that enhance a healthy heart.
4.L023 Recognize the components of a balanced meal.
5.4F Identify the relationship between optimal body functions and a healthy eating plan such as eating a variety of foods in moderation according to U.S. Dietary Guidelines.

Measurement

What specific measurements will be used to evaluate the effectiveness of the project? (500 words or less)

Students will be offered simple surveys and given an opportunity to complete a simple graphing food log to evaluate the effectiveness of the project. Parents will also be requested to fill out a simple survey to estimate the influence of the program at home.

Teaching Methods

What teaching methods will be used to implement this project? (500 words or less.)

Teaching methods that will be used but not limited to are; charts, discipline (following rules), and creating healthy snacks through recipes that will include math and also meet the USDA's standard for smart snacks.

Timeline

What is the project timeline and the date of implementation?

The program will be implemented as quickly as possible by student nutrition staff or teachers as needed. The tools will be available to all staff members as needed.

Curriculum/System Support

Explain how this idea or project enhances/supports Allen ISD curriculum or existing systems.

This nutritional education program will support Allen ISD's FFA (local) standards of wellness goals: Students shall receive nutrition education that fosters the adoption and maintenance of healthy eating behaviors.

Budget Details ** All awarded funds will be available by September of the next school year.

Budget Item	Item Type	Unit Cost	Quantity	Total Cost
Crunch a Color: The Healthy Eating Game for Kids	Instructional Supplies or Resources	12.99	3	38.97
My Healthy Plate Magnet Nutrition & Activity Set	Instructional Supplies or Resources	64.01	3	192.03

Budget Item	Item Type	Unit Cost	Quantity	Total Cost
Learning Resources Healthy Helpings My Plate activity Mat	Instructional Supplies or Resources	19.45	3	58.35
My Plate Sticker	Instructional Supplies or Resources	14.94	3	44.82
Nasco's Nutrition Pictures Toss-Up Ball	Instructional Supplies or Resources	18.5	3	55.5
My Plate Plates	Instructional Supplies or Resources	14.94	3	44.82
Dairy on My Plate	Instructional Supplies or Resources	7.29	1	7.29
Vegetables on My Plate	Instructional Supplies or Resources	7.29	1	7.29
Grains on My Plate	Instructional Supplies or Resources	7.29	1	7.29
Protein on My Plate	Instructional Supplies or Resources	5.81	1	5.81
Toss 'n Talk About Nutrition Ball	Instructional Supplies or Resources	9.56	1	9.56

BUDGET TOTAL 471.73

Are there any additional funds available for this grant? Campus or District Funds? PTA funds? Let us know if you have or will be seeking funds from other sources to help with this project.

Additional funds? No
 Yes

Please Explain

PTA funds will be available to purchase items needed to make healthy snacks in the classroom as an educational experience.

Principal Approval Required

Please provide the Name and Email of your PRINCIPAL. (Not your name)

First Name	Last Name	Email Address <small>(Completed)</small>
Alana	Chisum	alana.chisum@allenisd.org

Applicant Signature

By entering my name below I signify that I understand that if I move within the District and have written the grant myself, I may take the grant with me to my school (as long as it is appropriate for my classes). If I have written the grant as part of a team, I will leave the grant behind with the team. If I leave AISD, I will leave the grant with the school for which I wrote the grant. As a condition of this grant, I will complete an evaluation form provided by the Foundation.

Signature Rebecca Beane Perdue

Date 02/01/2019

I certify that this would be a good use of funds for our school and this grant supports the district goals and/or our campus improvement plans. **Do NOT include any identifiers, such as: campus name, your name, teachers name or mascot **

Comments

This grant is aligned to goals and objectives in the campus improvement plan.

State Change History

State Change rebecca.beaneperdue@allenisd.org
02/01/2019 13:34:14
Submitted

State Change *****
02/01/2019 13:35:26
Accepted

Grant Status

Grant Awarded Yes
 No

Award Amount 472